<ul><li>Prescriptions</li><li>Natural remedies</li></ul>	<ul><li>Vitamins</li><li>Herbal remedies</li></ul>		<ul><li>Supplements</li><li>Other over-the-counter medicines</li></ul>		
Name of medicine					
	Strength (Dose)	How many I take	How often / when I take it	Why I take it	When started taking i
Example	50 mg	1 pill	Twice a day (morning and bedtime)	For my high cholesterol	2010
The state of the s					
		S. C. Service			
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DOB:\_

Name:\_